

Cellulite ¹ is a condition that causes lumps and dimples to appear on the skin in areas such as thighs, buttocks, and hips.

Although technically harmless, cellulite is unsightly and can cause frustration and embarrassment, especially for women.

In fact, studies show that up to 90% of women think of cellulite as a significant beauty issue.

For this reason, the market is full of different types of solutions for this problem.

But how can one tell which solution is the most effective?

This review introduces five of the best cellulite treatment creams available in the market today.

It looks at what they are, what they do, and how they do it.

If you are struggling with cellulite, we believe that you will find a cream that works for you in this review.

Contents [show](#)

TOP 5: Best Cellulite Treatment Creams

1. Skinception Kollagen Intensiv



Kollagen Intesiv is face wrinkle cream that promises to reduce the appearance of wrinkles by up to 354%.

Unlike other face creams that claim to do several things at once, Kollagen Intesiv solely focuses on the reduction of wrinkles.

It relies on an advanced and scientifically proven anti-aging formula to give your skin a firm, radiant, and youthful appearance.

This formula was designed by Dr. Dave David, a cosmetic surgeon with over 40 years' experience in medicine.

He developed his skincare line to cater to the diverse needs of patients, understanding that everyone is different.

Kollagen Intensiv contains peptides, antioxidants, vitamins, minerals, and oils that work together to rejuvenate and repair the skin naturally.

This product's efficacy is backed by celebrities, including 'makeup artist to the stars' Priscilla Ono and Top Model winner Lisa D'Amato.

To get the best results from this cream, apply twice daily, in the morning and evening.

This wonder product is manufactured by Leading Edge Health, a company with offices in Canada and Cyprus.

The manufacturer offers a generous 67-day money-back guarantee for anyone who is not pleased with their purchase.

Kollagen Intensiv ships worldwide and offers free shipping for any orders above \$150.

How it works?

Kollagen Intensiv works by accelerating natural collagen production in the body.

Wrinkles are caused by decreased production of collagen, which leads to sagging skin.

This cream also includes Natural Moisturizing Factors (NMF), which help to look in moisture and leave the skin moisturized and lubricated.

Kollagen Intensiv factors in the damage caused by the sun, and contain ingredients that fight harmful components that dry out the skin.

Ingredients

Here are three ingredients used in the formula that make it so effective:

- **Butyrospermum Parkii (Shea Butter)** - Derived from the seeds of the shea tree, this ingredient is rich in natural oils that moisturize and smoothen the skin. It also protects the skin from inflammation.
- **Cucumis Sativus (Cucumber) Fruit Extract** - Natural acids from the cucumber act as a skin toner and whitener. They also soothe stressed and tired skin, giving it a fresh look ².
- **Magnesium Ascorbyl Phosphate (Stabilized Vitamin C)** - This ingredient is a form of vitamin C that protects the skin from damage caused by free radicals. It also prevents the breakdown of collagen, helping keep the skin firm and elastic.

Pros & cons

Pros

- Formulated by a doctor with a wealth of experience.
- Gets rid of wrinkles by over 300% in only 84 days.
- Moisturizes and firms the skin.
- Endorsed and used by top celebrities.
- Significant savings for larger packages.
- Offers a 67-day money-back guarantee.

Cons

- Buying one package is expensive.
- Free shipping only applies to some packages.
- Does not have many independent reviews.

2. Clarins Body Fit



Cellulite is the unsightly dimple appearance that forms in parts of the body such as thighs and buttocks.

This look can cause embarrassment and self-consciousness in women.

Clarins Body fit is a cellulite fighting cream that promises to quickly firm, smooth, and lift

skin, getting rid of the cellulite.

It is designed for women looking to fight cellulite and look slimmer.

This cream is formulated from eight potent plant extracts carefully selected for their ability to fight cellulite.

Clarins Body Fit is suitable for all skin types, and it starts fighting cellulite from the very first application.

To get the best results, apply the cream twice a day, in the morning and the evening.

The manufacturer recommends that you use smooth, gentle motions, starting with the ankles going up, paying attention to the thighs, hips, and buttocks.

This cellulite cream is manufactured by Clarins, a prestigious European skincare brand headquartered in France.

It ships worldwide and allows returns for unopened products bought within 30 days.

How it works?

Clarins Body Fit relies on quince leaf extract to lift and reshape the body's contours.

Quince leaf targets three specific factors that contribute to the development of cellulite.

Specifically, it trains adipocytes, or fat cells, to convert fat into energy rather than storing it.

It also boosts circulation in the body, which encourages toning.

Finally, quince leaf encourages the body to excrete excess water and fats, which reduces cellulite and cuts a thin image.

Ingredients

Here are three ingredients used in the formula that make it so effective:

- **Escin** - Escin is extracted from horse-chestnut seed. It has many medicinal properties, and in this formula, it is used for its ability to prevent water retention in the body. By discouraging water retention, it ensures that excess water and toxins are eliminated, leading to firmer-looking skin.

- **Mentha Aquatica Leaf Extract** - also known as water mint, Mentha Aquatica is a flowering plant with antioxidant qualities, protecting skin cells from oxidative stress. It also nourishes the skin, fades scars, and boosts the production of collagen.
- **Helianthus Annuus (Sunflower) Seed Oil** - Extracted from the sunflower seeds, this oil has large amounts of vitamin E, and helps curb redness, inflammation, and irritation on the skin. Sunflower oil also has properties that help the skin to retain moisture.

Pros & cons

Pros

- Formulated from natural herbs, oils and.
- It diminishes the appearance of cellulite and firms the skin.
- It can be used by people of different ethnicities and skin types.
- Easy to use and apply.
- Manufactured by a reputable company.

Cons

- It is a premium product therefore expensive.
- Online reviews show that it has an unpleasant smell.
- Some of its ingredients might cause skin irritation.

3. Sol De Janeiro Brazilian Bum Bum Cream



Brazilian women are known to have beautiful bottoms, and this cream claims to be one of the reasons why.

Named Brazilian Bum Bum, this luxurious body cream is designed to tighten the skin, giving it a smooth, sexy appearance.

In the process, it gets rid of cellulite and gives you the confidence to flaunt even the barest of bikinis.

The main ingredient in this cream is caffeine-rich guarana, blended with various oils to give a soft, silky texture that is quickly absorbed in the body.

It comes in various fragrance notes, including vanilla, pistachio, jasmine, salted caramel, and sandalwood.

You can also choose from three sizes, travel size (75ml) purse size (25ml) and full size (240ml) depending on your needs.

Brazilian Bum Bum Cream is easy to use; all you have to do is massage it in your hands to create warmth, and then apply all over your body.

You may want to pay special attention to areas that are cellulite prone, including the thighs, buttocks, tummy, and arms.

This cellulite cream is manufactured in Brazil by Sol De Janeiro, a beauty brand that seeks to capture the beauty of life through luxurious skin products.

It is available on Amazon, as well as the official website.

How it works?

At the center of the Brazilian Bum Bum Cream is guarana, which is readily sourced from the Amazon.

Guarana has five times the caffeine in coffee, and in this formula, it helps to increase blood circulation, boost energy, and smoothen the skin.

Capuacu butter has a considerable concentration of fatty acids, Phytosterols, and Polyphenols that work together to lock in moisture in the skin.

This helps to maintain its elasticity, ensuring that it does not sag or feel loose.

This cream also contains rich antioxidants that help to fight oxidative stress in skin cells, leaving it fresh and relaxed.

Ingredients

Here are three ingredients used in the formula that make it so effective:

- **Brazil Nut** - This nut grows along the Amazon banks, and it contains the highest amount of selenium in any food product. Selenium is an important antioxidant that protects the skin from radical damage keeping it healthy. It also boosts the immune system and supports the skin's vitality.
- **Guayusa** - Guayusa leaf is native to the Amazon rainforest. It has a high concentration of anti-inflammatory agents, antioxidants, and caffeine. All these are beneficial to skin health and appearance.
- **Coconut Oil** - Coconut oil has numerous health benefits, but in this formula, it is used for its moisturizing qualities.

Pros & cons**Pros**

- Extracted from naturally occurring oil and plant extracts.
- Brazilian Bum Bum Cream is easily and quickly absorbed into the skin, leaving it firm and moisturized.
- Its ingredients are well known to work for the purpose for which it is advertised.
- Comes in several pleasant fragrances.
- Comes in three convenient sizes.
- Has over 800 reviews on Amazon with 72% giving it five stars.
- Gluten, soy, and paraben-free.

Cons

- Contains nuts which might be a possible allergen to some people.
 - Many reviews question its cellulite abolishing capability.
 - Official website ships only to the Americas.
-

4. StriVectin Tightening Body Cream



The makers of StriVectin body cream recognize that people are taking better care of themselves in ways such as exercise, better sleep, and clean eating.

They seek to contribute to this trend by producing a cream that hydrates, softens, firms, and moisturizes skin.

StriVectin tightening body cream is not like other typical body creams, but it is infused with peptides and caffeine to maintain the skin's elasticity and resiliency.

It also contains a patented form of B3 that is clinically proven to strengthen the skin barrier.

StriVectin is suitable for all skin types and has not been tested on animals.

To get the best results, massage a sufficient amount on your hands, and apply to the whole body thoroughly.

You can use this tightening body cream in the morning and the evening.

This cream is manufactured by StriVectin, a cosmetics and skincare company based in Canada.

It is available from the official website and also across several other sites as well as brick & motor stores.

How it works?

StriVectin tightening body cream relies on the patented NIA-114™ technology to give you the desired results.

NIA-114™ is an optimized form of Niacin, or Vitamin B3, that has been clinically proven to strengthen the skin barrier.

The skin barrier is the outermost layer of the dermis, which is responsible for protecting the skin from harsh elements.

It also produces oil and locks in moisture, protecting the skin from drying out.

It follows therefore, that an effectively functioning skin barrier is necessary for overall skin health.

Unfortunately, it is often exposed to harsh environmental conditions that can wear it out.

NIA-114™ ensures that it stays healthy and protected from these stressors.

It also boosts the performance of other ingredients, enabling them to be effectively absorbed in the body for better results.

Ingredients

Here are three ingredients used in the formula that make it so effective:

- **Algae Extract** - This is a form of seaweed that has numerous health benefits, including omega-three fatty acids, amino acids, and vitamins. It quickly hydrates and conditions the skin while also protecting it from premature aging caused by free radicals.
- **Lecithin** - Lecithin is a fatty substance that occurs in animal and plant tissues. It is used in skincare products as an emollient, effective in restoring hydration in the skin, leaving it soft and moisturized.
- **Vitis Vinifera (Grape) Seed Oil** - Derived from the grapefruit seeds, this ingredient is high in Vitamin E and is also a powerful antioxidant.

Pros & cons

Pros

- Smoothens, hydrates and moisturizes the skin.
- Improves skin elasticity and firmness.
- Easy to use.
- Suitable for vegans.
- Ideal for all skin types and tones.
- Available online and in shops (Canada).
- PETA certified.

Cons

- Specific manufacturer information is hard to find.
- Does not have a money-back guarantee.
- Results vary with individuals.

5. Body Merry Cellulite Defense



Body Merry Cellulite Defense is an anti-cellulite skin firming and toning cream that promises to get you ready for bikini season in no time.

It is formulated from a unique blend of natural ingredients that work together to tighten your skin and even your complexion.

This cream is ideal for all skin types and can be used by anyone looking to improve skin appearance and get rid of cellulite.

Body Merry Cellulite Defense is easy to use and requires you to massage the cream onto the desired body areas two times a day.

For the best results, you should clean and dry the area before application.

This cream can be used alongside other skincare products such as oils and moisturizers, but you should use it first and let it get absorbed before applying other products.

Although results vary with people, you should expect to see a change between 6-8 weeks of consistent use.

Body Merry Cellulite Defense is manufactured by Body Merry LLC, a skincare company based in New York, USA.

It is available on the official website as well as Amazon where it ships internationally.

How it works?

Cellulite Defense is made from natural ingredients that penetrate deep into the skin, working from within to change the appearance of your skin.

It restores the structure of collagen, getting rid of unwanted fat tissues that accelerate cellulite formation.

Green tea and caffeine improve blood circulation, which is vital for healthy skin.

Different oils work together to keep the skin moisturized and hydrated, which makes it soft and firm in appearance.

Ingredients

Here are three ingredients used in the formula that make it so effective:

- **Cocos Nucifera Oil (Organic Coconut Oil)** - Coconut oil is a natural anti-bacterial and anti-fungal. It is rich in fatty acids that keep the skin soft and moisturized.
- **Camellia Oleifera Leaf Extract (Japanese Green Tea)** - Japanese green tea is a powerful antioxidant that helps fight free radicals that may damage the skin. It also

protects the skin from damage caused by the sun, and helps preserve moisture in the skin barrier ³.

- **Beeswax** - When applied to the skin, wax forms a protective layer that seals up moisture in the skin. It has anti-inflammatory properties that help protect the skin from bacterial infections.

Pros & cons

Pros

- Helps to tone, firm, and moisturize the skin.
- Contains ingredients proven to increase skin moisture and texture.
- Manufactured in the USA.
- Has not been tested on animals.
- Ideal for all skin types.
- Available on the official website and Amazon.
- Ships internationally.

Cons

- Contains alcohol and other ingredients that might irritate sensitive skin.
- Results take up to 8 weeks to show and vary with individuals.
- Has mixed reviews on Amazon.

FAQ (Frequently Asked Questions)

What is a cellulite treatment cream?



A cellulite treatment cream is any cream or serum designed to reduce the appearance of cellulite on the body in areas such as thighs and buttocks.

These creams achieve this by firming the skin, reducing water retention, moisturizing it, and also boosting collagen production.

What are some of the benefits of cellulite treatment creams?

Some of the benefits you can expect from cellulite treatment creams include:

- A firmer, tighter, evenly toned skin.
- Reduced cellulite appearance.
- Hydrated and softer skin.
- More elastic skin.
- Increased skin moisture.

Who should use cellulite treatment creams?

Ideally, skin cellulite creams should be used by people, especially women, dealing with cellulite formation.

Because most of these creams also have other benefits on the skin, they can be used by anyone looking for firmer, evenly toned skin that is moisturized and hydrated.

Which ingredient should I expect to see in cellulite treatment creams?

Some of the common ingredients to look out for include:

- Cucumber extract.
- Sunflower seed oil.
- Shea butter.
- Cocoa butter.
- Escin.
- Water mint.
- Coconut oil.
- Algae extract.
- Japanese green tea.
- Lecithin.
- Niacin.
- Grapeseed oil.

How can I decide which cellulite treatment cream to use?



There are numerous cellulite treatment creams available in the market, and it might be challenging to pick one.

Some of the things you should look out for include:

- **Ingredients used** - Has the manufacturer used active and safe ingredients?
- **Cost** - How much does it cost, and is the cream worthy of that price?
- **Product claims** - What does the cream claim to do?
- **Clinical trial results** - Is the cream's efficacy backed by scientific study or trials?
- **Manufacturer reputation** - Can you trust the manufacturer?
- **Availability** - Is the product readily available for purchase?
- **User reviews** - what are other people saying about the product?

What are the side effects of cellulite treatment creams?

Some cellulite treatment creams can have adverse effects on the skin, causing redness,

rashes, and irritation.

This is mostly due to the ingredients used, and it is essential to read the label carefully before making a purchase.

Creams made from natural ingredients will have minimal or no side effects at all.

To be sure, it is advisable to conduct a patch test before applying the cream to the whole body.

This will tell you whether the product is suitable for you or not.

Conclusion



Cellulite is an issue that continues to plague many women today.

There are numerous remedies for it, including skin creams, exercise, dry brushing, and massage.

In this review, we looked at five of the best cellulite treatment creams available in the market today.

These creams have been designed to firm, tighten, and tone the skin.

When the skin is tighter and firmer, the appearance of cellulite is reduced drastically.

Are you going to try one of these creams? Give us your feedback and let us know how it worked for you.

References

1. Rossi, Ana Beatris R., and André Luiz Vergnanini. "Cellulite: a review." *Journal of the European Academy of Dermatology and Venereology* 14.4 (2000): 251-262.
<https://onlinelibrary.wiley.com/doi/abs/10.1046/j.1468-3083.2000.00016.x>
2. Elson, Melvin. "Composition and method for treating cellulite." U.S. Patent Application No. 11/459,428. <https://patents.google.com/patent/US20070025950A1/en>
3. Rawlings, A. V. "Cellulite and its treatment." *International journal of cosmetic science* 28.3 (2006): 175-190.
<https://onlinelibrary.wiley.com/doi/full/10.1111/j.1467-2494.2006.00318.x>